



**City of Long Beach Department of
Health and Human Services – Immunization Program**
with the assistance of Red Cross Volunteer Services



Flu Shot Clinics 2009

Don't let the flu get you.



Get your flu shot!

“Seasonal” flu shots will be available for people age 50 and older and ages 18 - 49 with long-term health conditions such as:

- Diabetes
- Asthma, cystic fibrosis or other lung disease
- Heart, kidney or liver disease
- Severe anemia or other blood disorders
- Weakened immune system due to HIV/AIDS, long-term drug therapy or cancer treatment

Flu shots are also available for pregnant women and caregivers to infants and seniors.

These clinics will have only the “seasonal” flu vaccine that is recommended annually. Call 562-570-SHOT (562-570-7468) after November 1 or visit www.longbeach.gov/health for the latest news on the H1N1 (swine) flu vaccine supply and the Long Beach pandemic flu plan.



Long Beach Health Department 2525 Grand Avenue Long Beach	Tues., Sept. 29	9 am – 12 pm
	Wed., Sept. 30	9 am – 12 pm
	Fri., Oct. 2	9 am – 11 am & 1 pm – 3 pm
	Fri., Oct. 9	9 am – 11 am & 1 pm – 3 pm

Long Beach Senior Center	1150 E. 4 th Street	Tues., Oct. 13	9 am – 12 pm
American Gold Star Manor	Spring Street at Santa Fe	Wed., Oct. 14	9 am – 12 pm
Calif. Rec Center/McBride Park	1550 Martin Luther King Jr. Ave	Tues., Oct 20	9 am – 12 pm
El Dorado Park Senior Center	2800 Studebaker Road	Thurs., Oct 22	9 am – 12 pm
Houghton Park	6301 Myrtle Avenue	Wed., Oct 28	9 am – 12 pm

All clinics are walk-in only. No appointment needed.

Medicare Part B accepted or a \$2 donation requested.